

Positions And Actions In Prayer

In praying we often adopt certain ways and stick into that pattern the rest of our lives. In studying the Word of God we find that prayer was not the passive event that we so often experience. The prayers and the pray-ers of the Bible were active in prayer. A wonderful way to rejuvenate your Prayer Life is to begin exercising yourself in prayer as God intended. Take the Word seriously, not just the commands but the examples as well. Here are a few activities to practice as you pray.

1. Eyes open - John 11:41 / John 17:1
2. Tears shed - I Samuel 7-10/ Psalm 126:5-6
3. Shout/applaud/cheer - Ezra 3:11-14/ Ps 47:1
4. Sing - Psalm 100:4/ Ephesians 5:19
5. Loud voice - Acts 7:60
6. Unison - rush together making same noise - Acts 4:24
7. Speak to obstacle - Joshua 10:12 "Sun stand still"/ Mat. 21:21
8. Speak with no sound - I Samuel 1:7-10
9. Say "Amen" to others prayers - I Cor. 14:16
10. Fast - 2 Samuel 12:16/ Isaiah 58:6
11. Stand up - Nehemiah 9:3-5
12. Kneel - Eph. 3:14/ Philip.2:9-11
13. Lay down on bed - 2 Kings 20:2
14. Lay face on ground - 2 Chronicles 7:3
15. Walk (pace) - 2 Kings 4:33-35
16. Squat/bow down 2 Kings 18:42/ Ps. 95:6
17. Dance - 2 Samuel 6:14-16
18. Walk away, be restored - Mat. 5:23-24
19. Sackcloth & Ashes - 2 Kings 19:1
20. Sit - Mt. 26:36 / Mark 14:32,37-38
21. Bow head - Isaiah 58:5
22. Raise hands in praise - Psalm 134:2/ 143:6
23. Raise hands in authority - Exodus 17 8-15/Heb.12:11-12
24. Touch together the thing - Mat. 18:19 (sumphoneo)
25. Lift hand in blessing - Luke 24:50
26. Lay hands on (for commissioning) - Hebrews 6:2/ 1 Tim. 4:14
27. Anoint - Mark 6:13/ James 5:13-15
28. Spread it before the Lord - 2 Kings 19:14-15

Places of Prayer

Where Do You Pray?

Be careful not to make prayer a thing limited to your secret closet or at church. Praying is to be done everywhere. Paul exhorts us to prayer everywhere, and for all men. What would happen if we actually did that?

Try this: Instead of praying for people, pray with people. Instead of telling people we will pray for them, stop right then and there and pray WITH THEM. Whether you are in an office or factory floor, in the supermarket, or on a street corner. Practice praying EVERYWHERE by praying with people. Lay your hand on them as you do. You will find it exciting and transforming.

OUTDOORS

Mountain top - Luke 9:28-29
Wilderness - Mark 1:35
Desert place - Mark 1:35
Riverside - Acts 16:13
Garden - Mat 26:39-42
Hillside - Mat 14:23
On camping trip - Gen 32:24-30
Under a tree - 1 Kings 19:5
In a cave - 1 Kings 19:9
Beside a brook - 1 Kings 17:3-5
In a chariot - Acts 8:36-37
Up a tree - Luke 19:3
On the street - Acts 3:1-6
Street corners - Mt 6:5
Apart about a stone cast - Luke 22:41
By a brook - 1 Kings 17:3-5
On a walk - Luke 24:32

INDOORS PLACES

In a closet - Mt 6:6
In a home - Acts 12:12-13
Bed room - Daniel 6:10
Upper room - Acts 1:13-14
In synagogues - Mt 6:5
Roof top - Acts 10:9
At the table - Acts 27:35
In the Temple - Acts 4

PLACES OF TROUBLE

In a fiery furnace - Dan 3:25
On a boat - Jonah 1:6,14
Tossed at sea - Mark 4:8
Lions den - Daniel 6:22
Bottom of a well - Jer 38:6
In a dungeon - Acts 16:24-25
Isle of Patmos - Rev 1:1-2
Hanging on a cross - Luke 23:42
While being stoned - Acts 7:59-60
From belly of whale - Jonah 2:1